

KIDS CHORE CHECKLIST

Want to get your kids helping with the chores?

Use this checklist to assign them age-appropriate tasks.

Children Ages 2-3

- Pick up toys and put them in bins or designated areas
- Put laundry in the hamper or down the chute
- Wipe up spills
- Help load washer and dryer
- Wipe walls and baseboards with a wet cloth

Children Ages 4-5

- Put away belongings
- Help with laundry
- Carry and put away groceries
- Set the table
- Help clear the table

Children Ages 6-8

- Help care for pets
- Fold and put away laundry
- Vacuum
- Match socks
- Wipe down counters and sinks

Children Ages 9-12

- Help wash the car
- Learn to wash dishes or load and unload the dishwasher
- Rake leaves
- Learn to wash laundry/switch loads
- Take care of pets

Children Ages 13-18

- Do the laundry
- Wash the dishes
- Take out the trash
- Help prepare meals
- Clean windows
- Clean bathrooms
- Mop the floor
- Sweep the floor
- Help with many outdoor chores

